

# Financial Coaching for Success II

# Leading Others To Financial Wellness

# **Reality-Check!**

In a recent report, OCBC Bank's Financial Wellness Index found that many Singaporeans do not have enough savings to allow them to maintain their current lifestyle beyond six months if they were to lose their jobs now. About one-third (31 per cent) of respondents faced difficulties paying off their housing loans, with 9 per cent stating that they may need to sell or downgrade.

There has never been a more urgent time for counsellors to respond to the critical needs of those they help. Besides being well -equipped to serve clients through a counselling process, they must not ignore the fact that some will be struggling just to make sense of their finances when they fall on hard times.

Not many financial services practitioners know how to lead their clients from a position of distress to financial wellness. Often, these clients are referred to other agencies (e.g. family service centers) which may not have a full picture of their needs and wants, unlike the role of a financial planner.

# **Solutions that Work!**

Through more than 30 years of practice, research, training and coaching thousands of financial services practitioners around the world (including **MDRTs**, **COTs and TOTs**), we have been able to create processes and tools that work! Packed with **templates** and **spreadsheets** for your engagement with clients leading them to financial wellness.

This ready-to-apply practical skills course has been consistently rated with near perfect score in content quality; trainer's knowledge & skills by our participants.

# WHAT'S IN IT FOR YOU?

- Understand financial impact of the current health and economic crises
- ♦ Distinguish between different types of financial services (e.g. credit counselling)
- ♦ Appreciate role of financial psychology, money behaviour, motivations to change
- ♦ Discover the 4-Step process to lead someone from Distress to Financial Wellness
- Understand the anatomy of financial distress (causes and effects)
- ♦ Discover the credit system, debt and latest rules in Singapore
- ♦ Know the rules of engagement when working with a client in distress
- Use practical tools and processes in the engagement process
- ♦ Learn to work with related financial and non-financial agencies

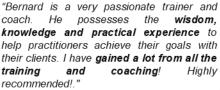
In addition to lectures, this interactive training is filled with case studies and role play to enhance your learning experience.

# WHAT OUR PARTICIPANTS SAY?



"Bernard Lim...is about transformation...he has been able to impart not only the 'whats' and the 'whys' but the 'hows' and with a heart. I resonate and endorse his passion for financial coaching and financial counselling because in an age of (very) high tech, the ability to connect at a deep (and human) level is really the key value proposition... "

Leong Sow Hoe ChFC® IBF Fellow Senior Financial Services Director, Prudential Assurance Past President IFPAS, AFinSA Board Multi-Million Dollar Agency



Joanne Lai CFP® AFCouns® Senior Advisory Group Partner IPPFA Top 10 FPAS Financial Planner Award 2018 MDRT 2015-2016 COT 2017, TOT 2018-2022





"The Financial Coaching Program has been transformational in the way I conduct my financial advisory business. With this training, I learned to become a more effective finance coach to my clients and help them accelerate to greater heights in their financial journey."

Michelle Lee AFP<sup>CM</sup>
Financial Adviser, Manulife Financial Adviser
Financial Adviser Of the Year 2021, Asia Advisors Network
COT 2021, 2022, Finance Influencer @askmichellelee

"I have attended every of his courses ever since 2011. He is definitely a trainer with a heart hence that resonate with me well because I only work with and learn from good people. His teaching is always very practical, simple and easy to understand, as well as to implement! He is a living example of Doing Right, Doing Good & Doing Well!"

Tea Eng Peng ChFC® CFEd® ASEP® Financial Advisory Director, Financial Alliance Pte Ltd. Top Director 2017 – 2021 6x MDRT qualifier, Produced 2 COTs & 7 MDRTs in 2022





"Bernard possesses wisdom, knowledge, and practical experience to help practitioners achieve their goals with their clients. Through his teachings, I have a strong foundation in financial coaching & counselling skills and can can better value add to my client. If you want to be a professional financial planning practitioner, remember to stay engaged and connected with him!"

Eric Seah CFP® ChFC® ASEP® Agency Leader, Prudential Assurance Winner for Financial Planning Awards 2019 8x MDRT qualifier, COT 2022 "Excellent tools and infrastructure to help financial consultants to do right, do good & do well. Clear, concise & engaging sessions on what is fundamental for growth as a Financial Consultant. Keep it up!"



Kee Siew Poh CFP® ChFC® Associate Director, Finexis Advisory Pte Ltd Finalist of the FPAS Financial Planner Award 2019-2020 COT 2008-2020, TOT 2021-2022



"The Program has empowered me with practical tools to deepen my conversations with my clients and close the trust gap. I find the 1-page financial blueprint very handy to kickstart a client-centric approach to holistic planning, which is vital in building lasting adviser-client relationships beyond numbers and achieve win-win outcomes."

Regina Ong ChFC® CLU® Senior Wealth Management Consultant, PIAS MDRT 2022 "The Program is made up of very practical workshops that has enlarged my services and enhanced the way I engage my prospect and customers. The tools and the platform made available also help to reinforce the need for proper financial planning and facilitate immediate action. Highly recommended!"

Dennis Chua ChFC® AFWC® Agency Leader, Prudential Assurance SCI Appointed Trainer Million Dollar Agency, MDRT 2022



"Very practical, well structured, excellent course materials, helpful case studies, lots "Very relevant and applicable to be able to be implemented immediately!"



course materials, helpful case studies, lots of scripts and models we can plug and play right away, fresh way of looking at financial planning!"

> Jonathan Khoo ChFC® ASEP® AFWC® Director, Financial Alliance 8x MDRT producer





# TABLE OF CONTENTS

# ONE FULL DAY TRAINING SESSION (0900 to 1730 Hours)

#### Lesson I

## **Introduction: Financial Coaching for Success II**

- Overview of Current Market Sentiments
- Financial Counselling & Wellness defined
- FinCARE® Model of Financial Wellness
- Financial Counselling versus Credit Counselling

#### Lesson 2

#### **Anatomy of Financial Distress (Focus on the Practice)**

- Financial Distress Defined
- Effects of Financial Distress
- Signs of Business & Personal Financial Distress
- Case Studies and Exercises

#### Lesson 3

# **Financial Counselling Processes and Tools**

- 5 General Rules of Engagement
- Communicating with the Counsellee
- Using the Wheel of Life and G.R.O.W. in Communication
- 7 Rs of Effective Financial Counselling
- Case Studies and Role Play

#### Lesson 4

#### **Understanding Money Beliefs and Behaviour**

- How Money Beliefs are Formed
- Motivations, Agents & Process of Change
- Tools of Engagement (Personal Financial Survey)
- Accountability and the 'Project 5-5-5'
- Case Studies and Exercise

#### Lesson 5

#### **Blueprint for Financial Wellness**

- Understanding a holistic model (LiFE Blueprint $^{TM}$ )
- Role of Cashflow (Budget) and Balance Sheet (Net Worth) & Debt Restructuring Worksheets
- Strategies in Reducing Expenses, Restructuring Debt and Reinventing Income
- Case Studies and Role Play

# Lesson 6

# **Understanding the Credit System I**

- Lending and Borrowing in Singapore
- What Affects the Cost of Borrowing
- Latest Rules on Personal Borrowing
- Strategies to Restructure Debts
- Case Studies and Role Play

### Lesson 7

#### Understanding the Credit System II

- Financial Distress Agencies in Singapore
- Comparison of Options
- Journey to Bankruptcy
- Asset Protection and Liabilities
- Case Studies and Role Play

# Lesson 8

# Planning and Moving Ahead

- Importance of Planning in Finance
- Goal-Setting and Creating a Plan
- Case Studies and Role Play

# **ENTRY CRITERIA**

- 1) Ideally, participant has 12 months of practical work experience in the financial services industry.
- Monetary Authority of Singapore (MAS) licensed financial services practitioner.
- 3) Represents a MAS licensed financial institution a Letter of Support is required to qualify for course fee subsidy under the Financial Training Scheme (FTS).

# FINANCIAL TRAINING GRANT

Programme recognized under the Financial Training Scheme (FTS) is eligible for FTS claims subject to all eligibility criteria being met. Please note that in no way does this represent an endorsement of the quality of the training provider and programme. Participants are advised to assess the suitability of the programme and its relevance to participants' business activities or job roles. The FTS is available to eligible entities based on the prevalent funding eligibility, quantum and caps. FTS claims may only be made for recognised programmes with specified validity period. Refer to www.ibf.org.sq for details.

# **PROFILE OF TRAINER**



Bernard Lim is a Certified Financial Planner (CFP®), a Certified Specialist in Financial Education (CSFE®), an Accredited Financial Counsellor (AFCouns®), a Certified Professional Behavioural Analyst (CPBA®) and a Lifeforming Growth Coach. He is the principal of Wealth College with nearly 30 years of experience in the financial service industry. His practical ideas, concepts, training and coaching have inspired many MDRT producers (including Top-of-the-Table & Court-ofthe-Table) from all over the

He has designed and delivered highly-rated courses ranging from broad-based financial education & coaching to specialized subjects like estate & legacy planning. His L.i.F.E. - Living in Financial Excellence Program have received rave reviews from attendees around the world including the US - even the well-respected Personal Finance Employee Education Foundation. His financial coaching programs have been extremely well received by the civil service while his Estate & Legacy planning training & seminars have reached more than 10,000 financial service professionals through banks, insurers and IFAs all over the world - consistently achieving more than 95% rating in attendee feedback.

He is also in constant demand for speaking engagements to the affluent market, civil service organisations and professional bodies. He has addressed audiences at the Million Dollar Round Table (MDRT) in 2007 (Denver Colorado, US) and again in 2016 (Vancouver B.C. Canada), MDRT Taiwan Chapter training (Taipei 2017, 2019), Philippine Life Insurance Congress (Manila 2010, 2018) National Financial Congress (Singapore 2013) and AFA Conference (Singapore 2015, 2016). He is also a trainer & course developer for the Singapore Management University's SMU Academy. Bernard has also been interviewed on Asian Wall Street Journal, the Straits Times, Channel News Asia 938FM and Channel 5's Common Cents. He was a member of the IFPAS Alliance STAR Team (on MAS FAIR issues) and the founder & president of the FinCARE® (Financial Coaching, Aid & Resilience Education) – a social enterprise recognized by the Singapore Government focusing on affordable financial wellness programs for the public.

# **ABOUT WEALTH COLLEGE**

Wealth College is the training division of Wealth Hub Pte Ltd (UEN 200702674R) - an organization dedicated to educating, equipping & empowering professionals as well as the public in the area of financial wellness and wealth planning. Since early 2007, it has launched a number of highly practical seminars, courseware and accreditation which has drawn rave reviews from the market. In addition, members of the public from all walks of life from students to high net-worth individuals have attended the course known as the highly-acclaimed L.I.F.E.™ (Living In Financial Excellence™) Programme.

Wealth College is also the pioneer, organiser and the driving force behind the training of volunteer financial counsellors from the financial services industry. The College was responsible for developing and launching the FinCARE® (Financial Counselling, Aid & Resilience Education) community services initiative.

# CONSULTATION

We conduct private group training for companies to meet the needs of their learners. Operating Hours from 08:30 to 12:00 hour, Mondays to Fridays, except public holidays. Email via Contact Form | www.wealthcollege.com.sq | www.fincaregobal.com

